

RESEARCH ARTICLE

ARAŞTIRMA MAKALESİ

Determination of quality changes of fish sausage produced from saithe (*Pollachius virens* L., 1758) during cold storage

Mezgitten (*Pollachius virens* L., 1758) üretilen balık sosislerin soğuk muhafaza sırasındaki kalite değişimlerinin belirlenmesi

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Abstract: The objectives of this study were to determine the texture and quality parameters of surimi sausage which was prepared from saithe flesh, during the cold storage. First stage was the production of surimi by using saithe flesh (*Pollachius virens*) and second stage was preparation of fish sausage and monitoring its quality during the cold storage condition. Quality parameters of prepared sausages were determined by using chemical (Total Volatile Base Nitrogen mg/100g, Tiyobarbutric acid mg malonaldehid/kg and pH analyses), microbiological (Total Aerobic Mesophilic Bacteria Count, Psychrophilic Bacteria Count, Anaerobic Bacteria Count, *Staphylococcus aureus* count and Yeast - Mould) and sensorial analysis. The mechanical parameters were observed by using texture profile analysis (TPA) and shear test during the storage period at 0, + 4°C. Spoilage was detected due to the microbiological analysis results on the 15th day of storage.

Keywords: Texture, quality, surimi, fish, sausage, colour measurement, saithe

Öz: Bu çalışmanın amacı soğuk depolamada mezigit etinden üretilen surimiden yapılan sosis dokusunu ve kalite parametrelerini tespit etmektir. Birinci aşamada mezigit filetolarından (*Pollachius virens* L., 1758) surimi üretimi gerçekleştirilmiş ve çalışmanın ikinci aşamasında ise hazırlanan surimi ham materyalinden sosis üretimi gerçekleştirilmiş ve soğuk muhafaza koşullarında kalite değişimleri gözlemlenmiştir. Hazırlanan sosislerin kalite parametreleri kimyasal (Toplam Uçucu Bazik Azot mg/100gr, Tiyobarbutric asid miktarı mg malonaldehid/kg ve pH analizleri) mikrobiyolojik (Toplam Aerobik Mezofilik Bakteri sayısı, Psikrofilik Bakteri Sayısı, Anaerobik Bakteri sayısı, *Staphylococcus aureus* sayısı ve Maya - Küf) ve duyuusal analizler kullanılarak tespit edilmiştir. Mekanik parametreler ise 0, + 4 °C'de depolama süresi boyunca doku profili analizi (TPA) ve kesme testi kullanılarak gözlemlenmiştir. Depolama 15. günde yapılan mikrobiyolojik analiz sonuçlarına göre bozulma tespit edilmiştir.

Anahtar kelimeler: Doku, kalite, surimi, balık, sosis, renk ölçümü, mezigit

INTRODUCTION

Surimi is a Japanese term, which defines a concentrate of myofibrillar proteins obtained after mincing and water washing of fish flesh (Park and Morrissey, 2000; Toyoda et al. 1992). Surimi is light in color, has a bland odor, low in fat and high in myofibrillar protein and extremely functional due to the unique gelling properties of these myofibrillar proteins and these qualities make surimi an ideal and useful ingredient for fabricating new food products (Lee, 1986). Surimi is the term used for minced fish in which, most of the water-soluble components, including sarcoplasmic proteins have been removed by leaching with water (Murakawa et al., 2003). Surimi process functionality including gelling, binding, and emulsifying properties can be used as a functional protein ingredient in several products (Lanier, 1986). Surimi which is a highly functional protein raw material, is one of the most famous and

preferred Japanese seafood for production technologies (Kim and Park, 2006). Surimi can be used as raw material for a variety of popular food products such as fish ball, fish noodles, fish sausage, fish burger or fish cakes. Thus, gelling properties of surimi can be influenced by many factors causing the structural alteration in sausage (Jin et al., 2007). This version of sausage development is very important not only for consumers but also for the seafood industry. Fish is known as a rich source of long-chain n-3 fatty acids, and those fatty acids are known to have a range of health benefits. Especially potential roles in reducing the risk of coronary heart disease, inflammatory disorders, and immune disorders have resulted in interest among consumers and manufacturers (DeDeckere et al., 1998; Trautwein, 2001). Besides, emulsified fish products like salami and sausage can be other alternatives for food

manufacturers. Minced fish and surimi/surimi powder have been used as raw materials for emulsion sausage production for many years, especially in Asian countries (Konno, 2005). All over the world the health organisations recommend limiting the intake of saturated fatty acids and cholesterol (Kris-Etherton et al., 1988). The best solution might be to encourage consumers to consume fish-based products.

Several recent studies have examined the use of various functional ingredients or adjuncts in sausage formulations. Among such ingredients are starch (Shand, 2000), egg white (Carballo et al., 1996), salt (Ripoche et al., 2001), carrageenans (Hughes et al., 1997), other gums (Xiong et al., 1999) and konjac flour (Chin et al., 1998).

The aim of this study was to produce a surimi and sausage from saithe (*Pollachius virens* L., 1758) fillets and determining the quality changes of sausage product during cold storage. Achieving a pleasant appearance and an extended shelf life without loss of the traditional spicy sausage taste and the reduction of nitrate content were the main goals of the product.

MATERIALS AND METHODS

Raw Material

Frozen saithe fillets (*Pollachius virens* L., 1758) which have skins were used as raw material in this study. It was known that the frozen fillets were imported from Norway by the Pınar Company (Izmir, Turkey) 2 months before and have been stored in $-24\text{ }^{\circ}\text{C}$ up to the beginning of the study. Frozen samples were transported to the Pınar Et R&D laboratory in the frigorific vehicle (-18°C) from the company freezing storage unit the night before the production.

Surimi production

Traditional method of surimi production technique was preferred for the production. Frozen saithe fillets (*Pollachius virens* L., 1758) were thawed up to $-2\text{ }^{\circ}\text{C}$ before the sarcoplasmic tissues were removed. First skins were removed, then myofibril proteins were separated from dark flesh and deboned by hand and then they were washed to remove any remaining slime, scales or blood adhering to the flesh. Cleaned fish flesh was next minced by using Kitchen Aid KPM5 Professional meat grinder (St. Joseph, Michigan, USA), equipped with 2 cm grinding blades and a metallic screen with six mm diameter circular holes. Minced flesh was washed in a stainless-steel tank with iced water (1/1w/v) in the ratio of one part flesh to three parts water (w/v) and gently stirred for a residence time of 5 min. Dewatering was achieved by wrapping surimi inside of a cheese cloth and squeezed by using screw press. That process of washing and dewatering was repeated two times in the production steps. Then the final wash (third wash) was done by adding 0.1% salt and ice(w/w) to finalize the dewatering process. As additives cryoprotectants; 4% (w/v) sorbitol and 4 % (w/v) polyphosphate were added and blended by using a bowl chopper (Mainca Bowl Chopper, Maquinaria Industria, Barcelona, Spain) to complete the process. Surimi temperature was maintained lower than $8\text{ }^{\circ}\text{C}$ throughout the

process. Surimi was formed into blocks, over wrapped with oxygen permeable polyvinyl-chloride film and kept in frozen storage at $-18\text{ }^{\circ}\text{C}$ for two days before the process of sausage production.

Casing material

Cellulose sausage casings (Wienie-Pak®, Belgium) were used for the processing fish sausage. The physical property of casing material was 21mm diameter (no:19), 15 cm long and colorless. This material can hold up to 4.5 kg of filling. During the pasteurization process, this cover material can protect the physical and chemical properties of its content.

Formulation

The formula and the ingredients for production were as follows: raw surimi material, 67.84%; ice, 16.28%; cow fat, 5.09%; sun flower oil, 5.09%; soy protein concentrates (SN 650, Heilongjiang Shuanghe Songnen Soybean Bioengineering Co., Ltd., Heilongjiang, China), 1.7%; modified potato starch (PenCling® 530, Penford Food Ingredient CO, Colorado, USA); 1.7%; salt, 1.36%; sodium tripolyphosphate (STPP), 0.17%; red pepper, 0.07%; black pepper, 0.14%; sugar, 0.15%; pimento, 0.04%; coriander, 0.10%; ginger, 0.10%; ascorbic acid, 0.02%; sodium nitrite, 0.02%; coloring, 0.02%, MSG, 0.14%. Sausage formula was taken from the National Patent No: TR 2009 02207B (Dincer and Cakli, 2012).

Sausage production

Frozen surimi was tempered with room temperature for 2 h and optimized formulations for fish-surimi sausage were prepared in a bowl chopper. The appropriate quantities of the various ingredients were weighed in order to produce 15 kg of batter. Sausage batter was prepared in sequential steps as follows. First minced surimi was mixed with salt and STPP for 2 min with an industrial bowl cutter (15 kg capacity; Mainca Bowl Cutter Model C-14, Berkshire, UK). During mixing batter temperature was recorded as $-2.24\pm 1.02\text{ }^{\circ}\text{C}$. In the second step, ice-water (1/3 of the total ice), soy protein concentrates and potato starches were added with additional mixing for 1 min. Thereafter, cow fat and sun flower oil were added separately and mixed for one min each. Spices and another 1/3 of total ice were added. The last step involved the addition of the leftover additives and preservatives and the unused ice-water. Additional mixing for 2 min at the same speed was done. The comminuted batter was stuffed into a No.19 cellulose casing using a hydraulic filler (model EC-12A, Mainca Sausage Fillers, Berkshire, UK). Each sausage unit was sized as 50 g by using an automatic clipping and filling apparatus. The stuffed casing was linked in 20 cm length and cooked in $85\text{ }^{\circ}\text{C}$ convection oven (model FKG-042, Inoksan Industrial Equipments, Bursa, Turkey) with $75\text{ }^{\circ}\text{C}$ internal temperature (measured by a thermocouple probe) held for 35 min. Upon cooking, the sausages were immediately cooled in ice-water (1:1, w/v) and the casings were removed by hand. Sausages were over wrapped in oxygen permeable ($6000\text{--}8000\text{ cm}^3/\text{m}^2/24\text{ h}$ at STP) polyvinyl-chloride film (Wrap Film

Systems Ltd., Halesfield 14, Telford TF7 4QR, Shropshire, England) by using vacuum packaging technique and the second pasteurization was done by placing inside of a boiling water for 15 min to protect the product from cross contamination then kept in cold storage (1.14 ± 1.1 °C) to monitor the conditions for the duration of the trial (15 days).

Proximate Composition

Moisture content was determined by drying the samples at 105°C to a constant weight (AOAC, 1990). Crude protein content was calculated by converting the nitrogen content as determined by Kjeldahl's method (AOAC, 1995). Crude fat was determined by using the method described by Bligh and Dyer (1959). The crude ash content was determined by using the method of Ludorff and Meyer (1973). The analysis of the samples were all carried out in triplicate.

Chemical Analysis

Total volatile basic nitrogen (TVB-N, mg/100g) was determined according to the method of Vyncke (1996). Thiobarbituric acid (TBA, mg malonaldehyde/kg) was determined according to the method proposed by Tarladgis et al. (1960). The pH value was recorded by using a Hanna 211 models pH meter (Cluj-Napoca, Romania), and the glass electrode was applied directly to the homogenate (5g of fish/5ml distilled water).

Microbiological Analysis

Microbiological counts were performed for Total Aerobic Mesophilic Bacteria Count (TAMBC) (Harrigan and McCance, 1976) and Total Aerobic Psychrotrophic Bacteria Count (TAPBC) (Ariyapitun et al., 1999). 10 g of sample was taken and transferred in 90 ml, 0.1% peptone water (Difco, 0118-17-0). Other decimal dilutions were prepared from the 10–1 dilution. The inoculated plates were incubated at 30 ± 1 °C for 48 ± 3 h and at 4 °C for 14 days for total aerobic mesophilic counts and psychrophilic counts respectively. Anaerobic Bacteria Count (ABC) (FDA, 1992), *Staphylococcus aureus* Count (Mossel and Moreno Garcia, 1985) Yeast and Mould Count (Harrigan and McCance, 1976), used as methods for determining the microbiological quality of the sausage. The number of anaerobic bacteria was determined as pour plate counts in PCA but incubation was carried out in anaerobic jar, for 5 days at 25 °C. Yeast Extract Glucose Chloromphenicol Agar was used for moulds-yeast count and plates were incubated at 25 °C for 5 days.

Colour Measurement

The colour measurement was carried out using the Schubring (2002) method by measuring 10 times of different parts of the upper smooth surface. In the CIE Laboratory system, L* indicates the intensity of light in black from 0 to 100 scales; a* (+) red or (-) green; and b* (+) indicates yellow or (-) blue.

Texture Profile Analysis (TPA)

TPA was performed using the TA-Xt Plus texture analyzer (Stable Micro Systems, Godalming, UK) according to Schubring (2003) method. Prior to the test, the sausage samples were equilibrated to room temperature for 30 minutes and sectioned into a 2 cm thick layer drawn into a 2.5 cm diameter cylinder. The samples were compressed twice in a cross speed of 0.80 mm / second to 60% of the original height. The mechanical properties of hardness, cohesiveness, springiness, resilience and chewiness were evaluated from the resulting force/deformation curves.

Shear Test

Specimen loading, test conditions and specimen preparation followed the procedure described by Su et al. (2000). The samples were compressed once at a crosshead speed of 0.80 mm/second to cut the whole sausages by using the Warner-Bratzler blade set with a 25 kg load cell. Shear force and the work of shearing samples were estimated with a Warner-Bratzler blade attached to the same texture analyser. Maximum force to cut the sample (shear force) and the work needed to move the blade through the sample (work of shearing) were recorded.

Sensory Analysis

Sensory evaluation of the sausage was conducted after the first day of storage following the procedures by Fernández-Fernández et al. (2002) using a panel of 5–7 individuals from Ege University Fisheries Faculty, Department of Seafood Processing Technology who are familiar with the sensory assessment of seafood products. In each session, each panelist received 3 whole sausages. The samples were presented in a randomized order to the 5 panelists. The descriptors considered were appearance, visible fat, perceived hardness, fish odour, spicy odour, spoiled odour, taste, fattiness, juiciness, acid taste, bitterness, and rancidity. Sensorial panel score of 5 was defined as the limit of acceptance for some attributes (appearance, hardness and taste). Rest were the amount of the attributes assessed by the panelists. All properties were evaluated on 10-point intensity scales (ISO-4121-1987, 1987).

Statistical analysis

Statistical analysis was carried out using SPSS (SPSS, 1999, Version 9.0. Chicago, IL, USA) by Duncan's multiple range test. One Way Anova test was used to compare the differences among means between the analysis periods and results. The results are presented as means ± SD with the significance level set at $p < 0.05$ and defined as different superscript letters represents significant difference ($p < 0.05$) during the storage period in tables.

RESULTS AND DISCUSSIONS

Assessment proximate composition

The concentrations of the constituents in sausages used in these experiments, and their means show 51.92 (g/100g) moisture; 1.94 (g/100g) crude ash; 17.34 (g/100g) crude protein and 11.44 (g/100g) crude fat. These results were similar to the study reported by Dincer (2008) about fish sausages. In the study of Dincer et al. (2007) the proximate composition values of prepared fish sausages were reported as 52.73 (g/100g) moisture, 1.97 (g/100g) ash, 19.60 (g/100g) protein and 12.28 (g/100g) crude fat and these results were similar to the results in the study of Cardoso et al. (2008).

Assessment of chemical analysis

The TBA index is a widely used indicator for the assessment of the degree of lipid oxidation (Nishimoto et al., 1985). According to Schormüller (1969), the TBA value should be less than 1 mg malonaldehyde/kg for “excellent” quality, 3 mg for “very good” quality, and 3–5 mg for “good” quality. It has been proposed that the acceptability limit of TBA value for consumption is 8 mg malonaldehyde/kg. TBA values increased ($P<0.05$) in samples over time indicating an increase in lipid oxidation. TBA values of the samples can be seen in Table 1. By the end of the storage period no spoilage was detected according to the TBA test on sausage. The changes of TBA values were negligible for the 15 days retail period (Table 1). Normally, lipid oxidation in muscle systems is initiated at the membrane level in the intracellular phospholipid fractions (Gray et al. 1996). This may be due to the fact that, susceptibility to lipid oxidation is closely related to fat levels like in the study of Murphy et al. (2004) in their study different fat levels brought different lipid oxidation values in the same conditions. Using lower values of fat and oil causes lower TBA values during the storage in the current study.

TVB-N is a spoilage index for fish and seafood (FAO 1986). FAO has indicated that samples with less than 25 mg N/100g TVB-N values are ‘perfect quality’, samples with up to 30 mg N/100g TVB-N value are ‘good quality’, samples with up to 35 mg N/100g TVB-N are ‘marketable quality’ and the samples with more than 35 mg N/100g TVB-N value are indicated as ‘spoiled’ (Schormüller 1968; Ludorff & Meyer, 1973). At the beginning of the storage period TVB-N values of the samples were determined as 13.60±0.51 mg N/100g whereas the TVB-N values of raw fillets were 10.20±0.63 mg N/100g (Frozen fillet). These values improved freshness of the fish at the beginning of preparation. However, TVB-N values of the samples were still found under the limits on 15th day. The pH values of samples showed a significant decrease over the 15 days of shelf life evaluation.

The pH values were recorded in the range of 6.68–6.87. Chemical tests showed that oxidation of the product was negligible or not present at all, and the pH was observed to decline and volatile compounds increased during the storage period but not reached the spoilage limits.

Table 1. Chemical quality analysis results of fish sausage during storage

Days	TVB-N (mg/100g)	TBA (mgMDA/kg)	pH
T1	13.60±0.51 ^a	0.31±0.03 ^a	6.68±0.09 ^a
T3	15.96±0.89 ^b	0.36±0.01 ^a	6.77±0.03 ^{ab}
T6	16.26±1.02 ^b	0.42±0.00 ^b	6.79±0.06 ^{ab}
T8	17.73±0.89 ^{bd}	0.45±0.04 ^{bc}	6.81±0.01 ^b
T10	19.80±0.51 ^{cd}	0.48±0.02 ^c	6.84±0.04 ^b
T13	20.39±0.89 ^c	0.50±0.01 ^c	6.85±0.01 ^b
T15	21.28±0.89 ^c	0.65±0.01 ^d	6.87±0.01 ^b

Different superscript letters within the same column represents significant difference ($p<0.05$), $n=3$

Microbiological Analysis

Microbiological quality control analysis was used in three stage of process. The first sample was taken from the prepared surimi material and the determined counts were 2.96 log cfu/g for TAMBC and 2.85 log cfu/g for PBC. In the second step of the sausage process sample was taken from the prepared batter. The taken data was significantly higher ($p<0.05$) and surimi samples (raw material) and TAMBC and PBC counts were 5.59 log cfu/g, 4.30 log cfu/g respectively, as expected. In the last step of microbiological quality control samples were taken from double pasteurized sausage samples during the cold storage (4 °C). The initial bacterial loads were determined lower than the loads of batter. As expected, determined low load was the result of thermal treatment (pasteurization). The bacterial counts of Total Aerobic Mesophilic Bacteria Counts (TAMBC), Psychrotrophic Bacteria Counts (PBC), Anaerobic Bacteria Counts (ABC), Yeast-Mould Counts (YMC) and *Staphylococcus aureus* loads can be seen in Table 2. Sausages on the day 15th exceeded 6 log cfu/g, due to the Total Mesophilic Bacterium Counts sausages exceeded the 6 log cfu/g value on the 15th day of storage, which was the maximum limit of bacterial load for the acceptability on seafood products (ICMSF 1978). Yeast-Mould counts and *Salmonella aureus* were observed, neither in raw surimi material nor sausage product during the storage period. In another study, which was about production of sausages using *Tilapia nilotica* fillets showed similar results (Orellana et al., 1999). Similar results can be seen in the study of Dincer et al. (2007). In both studies pathogenic microorganisms and yeast-mould counts were not detected.

Table 2. Microbiological quality analysis results of fish sausage during storage (log cfu/g)

Days	TAMBC log cfu/g	PBC log cfu/g	ABC log cfu/g	YMC log cfu/g	<i>Staphylococcus aureus</i>
T1	3.17 ± 0.06 ^a	2.00 ± 0.00 ^a	3.32 ± 0.09 ^a	ND	ND
T3	3.27 ± 0.07 ^a	3.54 ± 0.03 ^b	3.18 ± 0.03 ^b	ND	ND
T6	3.60 ± 0.06 ^b	3.85 ± 0.02 ^c	3.20 ± 0.06 ^{ab}	ND	ND
T8	3.90 ± 0.01 ^c	4.36 ± 0.06 ^d	3.78 ± 0.03 ^c	ND	ND
T10	4.62 ± 0.02 ^d	4.89 ± 0.02 ^e	3.91 ± 0.01 ^d	ND	ND
T13	5.77 ± 0.02 ^e	5.73 ± 0.01 ^f	4.30 ± 0.00 ^e	ND	ND
T15	6.32 ± 0.04 ^f	6.08 ± 0.08 ^g	4.77 ± 0.04 ^f	ND	ND

Different superscript letters within the same column represents significant difference ($p < 0.05$), $n = 3$. ND=Not determined

Assessments of textural properties

The mean texture scores from the Texture Profile Analyse (TPA) tests press peak values are indicated in Table 3. As seen in table, hardness and chewiness, in this fish-based product, had values between 29.65-33.92 (N) and 3.97-4.65 (Nmm), respectively. These results were lower than the study of Lull, et al. (2002) and the similar with the study of Dincer (2008). On the other hand, when compared with the research of Dincer and Cakli (2010) which was about the textural properties of rainbow fish sausage produced from frozen fillets the determined values were harder and less chewable than their findings. The determined, hardness values of the sausage decreased slightly up to the end of the first ten days and then increasing values were observed until the end of storage period. Significant differences ($P < 0.05$) are shown in the middle of the storage period when compared with initial days and the end of the period. These results indicated that the hardness value of surimi sausage samples gradually increased by increasing storage time (days). Cohesiveness is a measure of the degree of difficulty to break down the internal structure of the sausages. The cohesiveness of sausage samples varied between 0.18 and 0.23. Cohesiveness data from the first day of storage were showed a slight similar with no significant difference ($P > 0.05$) except the 13th day value. In general, the addition of water and ice in sausage preparation made the structure softer and less breakable supported by the evidence of the data observed before.

Springiness represents the extent of recovery of sausage height and sometimes referred to as "elasticity" (Sanderson 1990). The springiness of the sausage samples did not differ significantly at all between the periods. In the chewiness values of samples decreasing values can be observed in the first week but after that increasing values were observed. These results were inconsistent with those reported by other investigations which demonstrated that the addition of soy protein, or starch improved the textural properties by decreasing hardness in the product (Dawkins et al., 2001; Ho et al., 1997, Prabhu and Sebranek, 1997). Carballo et al. (1996) found only small differences in cohesiveness among bologna sausages made using different amounts of added oat, starch and egg white. Lee and Toledo (1976) observed that marked reduction in compressive strength and increase in shear strength occurred in Spanish mackerel sausages after frozen stored and the extent of the change became more pronounced as moisture content increased. They also reported the improvement of texture with addition of shortening (12 g/100g muscle) and soy protein fiber (15g/85g muscle) when two-stage comminution process was employed (Lee and Toledo, 1979). Potato starch can be added to improve structural integrity and make fish sausage firmer (Kasapis et al., 2003). Lower values were recorded for hardness, gumminess, chewiness, and fracturability when added tofu powder to lean frankfurters.

Table 3. Texture profile analysis (TPA) results of fish sausage during storage

Parameters(N)	Hardness	Springiness	Cohesiveness	Chewiness	Resilience	Adhesiveness
T1	29.65±1.51 ^{ab}	0.84±0.03 ^a	0.23±0.02 ^a	5.63±0.77 ^a	0.07±0.01 ^a	-0.12±0.13 ^a
T3	32.19±4.37 ^a	0.83±0.03 ^a	0.19±0.03 ^{ab}	4.96±0.50 ^{ac}	0.06±0.01 ^a	-0.07±0.11 ^a
T6	29.67±4.84 ^{ab}	0.83±0.07 ^a	0.16±0.02 ^b	3.97±0.57 ^{bc}	0.06±0.01 ^a	-0.15±0.14 ^a
T8	24.39±3.98 ^b	0.81±0.06 ^a	0.17±0.03 ^{ab}	3.44±0.89 ^{bd}	0.06±0.01 ^a	-0.15±0.15 ^a
T10	23.73±7.8 ^b	0.79±0.13 ^a	0.18±0.09 ^{ab}	3.32±1.71 ^b	0.07±0.04 ^a	-0.11±0.11 ^a
T13	31.55±3.30 ^a	0.83±0.06 ^a	0.15±0.02 ^b	4.03±0.30 ^{bcd}	0.06±0.01 ^a	-0.18±0.13 ^a
T15	33.92±3.75 ^a	0.78±0.06 ^a	0.18±0.04 ^a	4.64±0.80 ^{bd}	0.07±0.02 ^a	-0.18±0.16 ^a

Different superscript letters within the same column represents significant difference ($p < 0.05$), $n = 10$

Assessment shear test (Warner-Bratzler)

The mean texture scores from the Warner Bratzler compression tests press peak values are summarized in Table 4. The shear force values of surimi sausage were arranged between 10.17N and 12.15N. The firmness values were between 2.69 and 3.34. The firmness values of sausage were decreasing due to time storage. Except the peak in T3 no significant difference was determined ($P>0.05$). The texture of formulated flesh is dependent upon composition and processing conditions employed. Furthermore, these factors may be influenced by product flesh formation, which also depends on salt activation and heat coagulation of myofibrillar muscle proteins (Terrell et al., 1981). Troy et al. (1999) concluded that blends, in particular those using tapioca starch, oat fiber and whey protein, when formulated together, bind and retain water to produce a tenderer product, thereby reducing shear forces. Ho et al. (1997) reported that the addition of tofu powder to lean frankfurters improved product texture.

These results are in agreement with other numerous studies where the replacement of meat muscle (and fat) resulted in a marked decrease in product hardness (Crehan et al., 2000; Pietrasik and Duda 2000). Similarly, Desmond and Kenny (1998) found that hardness and shear force of frankfurters significantly decreased with increasing addition of beef heart surimi. Similarly, in this study statistical analysis of pasteurized surimi sausage systems showed that all periods derived for shear force were significant ($P<0.05$). These results were similar to the study of Moreira et al. (2002) who prepared emulsified sausage from tilapia fillets to determine their textural parameters. Among texture attributes, firmness and shear force are important properties for the consumer because they determine the texture acceptability of a product (Chambers and Bowers, 1993). There is a cut-off point below which the textures of many comminuted food products such as meat balls, frankfurter and sausages would be unacceptable (Yu and Yeang, 1993; Nurul et al., 2008).

Table 4. Shear test (Warner Bratzler) results of fish sausage during storage

Days	Cutting Strength (N)	Work of Shear (N)
T1	3.21±0.39 ^{ab}	10.39±0.76 ^a
T3	3.60±0.57 ^b	12.15±1.21 ^b
T6	3.07±0.77 ^{ab}	10.69±1.61 ^{ac}
T8	3.34±0.78 ^{ab}	11.80±1.26 ^{bc}
T10	3.17±0.40 ^{ab}	11.46±0.69 ^{abc}
T13	3.23±0.33 ^{ab}	11.34±0.76 ^{abc}
T15	2.69±0.21 ^a	10.17±0.43 ^a

Different superscript letters within the same column represents significant difference ($p<0.05$), $n=10$

Assessment of sensory analysis

The sensory characteristics in each group were monitored over 13 days (Table 5). Results show that significant effects were not observed on spicy odour and juiciness and in visible fat during the storage. On the first day of storage perceived hardness, taste and appearance received the highest scores (Table 5). Significant differences in perceived spicy odour and juiciness could be explained by the volatile compounds and microbial loads as observed in a previous study (Fernández-Fernández et al. 2002). The effects of storage time on odour, bitterness, taste, and rancidity can be observed as increasing. Thus was explained by comparing the differences between the last week and the first week. The fish odour intensity increased over time as a result of off-odours, such as acidity and rancidity, these factors were observed to increase but they were still with in the acceptable range.

The perceived hardness, appearance, taste, bitter flavour declined with time storage. Other descriptors that increased during storage were: fish odour, spoiled odor, fattiness, bitterness, rancidity but showed no significant differences in first week ($p>0.05$) except in the case of juiciness attribute. Gomez-Guillen and Borderias (1996) observed that the hydrated starch granules adhered to the matrix formed by the squid muscle proteins and contributed to the overall structural cohesion. At temperatures higher than 60°C, starch gelatinized and produced a planar mesh that spread throughout the gel matrix. Similar structural changes in added starch in our sausage products during cooking and subsequent effect on the sensory properties of surimi sausages are expected. The reported scores were the panel means values. Sensorial panel score of 5 was defined as the limit of some attributes (for appearance, hardness and taste) for acceptance limit so the sausages were not determined as spoiled according to the sensorial results.

Table 5. Sensory analysis results of fish sausage during storage

Attributes	T1	T3	T6	T8	T10	T13
Appearance*	9.0±0.10 ^a	8.8±0.04 ^a	8.6±0.05 ^a	7.2±0.02 ^b	6.5±0.00 ^c	6.0±0.10 ^c
Visible fat	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a
Hardness*	8.0±0.02 ^a	7.8±0.04 ^b	7.8±0.04 ^b	7.0±0.00 ^b	6.8±0.00 ^c	6.5±0.10 ^d
Fish odour	4.0±0.00 ^a	4.0±0.00 ^a	4.0±0.00 ^a	4.2±0.10 ^b	4.2±0.10 ^b	4.2±0.10 ^b
Spicy odour	1.0±0.00 ^a	1.0±0.00 ^a	1.0±0.00 ^a	1.00±0.00 ^a	1.0±0.00 ^a	1.0±0.00 ^a
Spoiled odour	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a	1.0±0.00 ^b	1.0±0.00 ^b
Taste*	9.5±0.05 ^a	9.5±0.05 ^a	9.0±0.00 ^b	8.5±0.00 ^c	7.0±0.00 ^d	7.0±0.00 ^d
Fattiness	1.0±0.00 ^a	1.0±0.00 ^a	1.0±0.00 ^a	1.00±0.00 ^a	2.0±0.00 ^b	2.0±0.00 ^b
Juiciness	2.0±0.00 ^a	2.0±0.00 ^a	2.0±0.00 ^a	2.00±0.00 ^a	2.5±0.00 ^b	2.0±0.00 ^a
Acidic taste	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a	0.00±0.00 ^a	1.0±0.00 ^b	1.0±0.00 ^b
Bitterness	1.5±0.00 ^a	1.5±0.00 ^a	1.0±0.00 ^b	1.0±0.00 ^b	1.0±0.00 ^b	1.0±0.00 ^b
Rancidity	0.0±0.00 ^a	0.0±0.00 ^a	0.0±0.00 ^a	0.00±0.00 ^a	0.0±0.00 ^a	1.0±0.00 ^b

Different superscript letters within the same row represents significant difference ($p < 0.05$)

Different superscript letters within the same column represents significant difference ($p < 0.05$)

*Acceptability limit for appearance, hardness and taste score was 5. Rest are giving the amount of the attributes assessed by the panelists

Assessment of colour measurement

Colour is one of the sensory properties that can easily affect the consumer opinions. The colours of meat sausages are generally red or pink colours. So by using coloring same meat sausage colour was performed in surimi sausage. When the values of each period were compared, no statistical difference was observed ($P > 0.05$) in a^* and b^* values during the storage. In the current study L^* , a^* and b^* values were ranged between; 67.95-72.02, 5.64-5.54 and 15.05-14.50, respectively. In the study of Gimeno et al. (2001), the color values of traditional meat sausage were determined as follows; for L^* value 56.14, for a^* value 16.85 and for b^* value 10.63. But in fish sausages the L^* value varied between 67.95 and 72.02 like the study of Dincer et al (2007). Big differences were determined between redness (a^*) and yellowness values (b^*) when compared with meat sausages. Fish sausages were determined to be much less red and much more yellow.

While the values for L^* were increased, a^* and b^* were decreased during the storage time without showing any significant differences. Similar colour results can be seen in the study by Koizumi and Nonaka (1980). Cardoso et al. (2008) also investigated the development of healthy low-fat fish

sausage; similar colour results were observed in their experiments.

CONCLUSION

As a conclusion, it was determined that saithe flesh can be used sufficiently to prepare a surimi product and by using that product successful fish sausage can be produced. Textural properties and the sensorial results approved that statement in the current study. For future studies increasing shelf life should be the main target. Although double pasteurization technique was used still for 15 days shelf life is not enough for these types of emulsified products so in future studies it is better to focus on studies about additives and packaging techniques.

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