

Expression of cytochrome P450 aromatase isoforms in female *Alburnus tarichi* (Guldenstaedtii, 1814)

Dişi Van balığı (*Alburnus tarichi*, Guldenstaedtii, 1814)'nda sitokrom P450 aromataz izoformlarının ekspresyonu

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Abstract: In this study, we aimed to clone brain-derived *Cyp19b* and ovary-derived *Cyp19a* the P450 aromatase gene isoforms and to indicate the expression levels of these genes in the hypothalamus and ovary tissues from reproductively arrested ovarian development (RA) and non-arrested ovarian development (RN) *Alburnus tarichi* from Lake Van, Turkey. The expression levels of *Cyp19b* and *Cyp19a* genes were predominant in the hypothalamus and ovary, respectively. The level of *Cyp19b* mRNA was significantly lower in the hypothalamus and ovary from RA fish than in the hypothalamus and ovary from RN fish ($P<0.05$). The expression level of *Cyp19a* was significantly lower in the ovary of RA fish ($P<0.05$) than RN fish while no difference was found in the hypothalamus of both RA and RN fish ($P<0.05$). According to these findings, we suggest that the RA fish represent a segment of the population and these fish may be more sensitive to endocrine disruption compound/s than others.

Keywords: P450 aromatase, gene expression, *Alburnus tarichi*, Lake Van

Öz: Bu çalışmanın amacı, Van Gölü'nden yakalanan dişi *Alburnus tarichi*'de P450 aromataz izoformları olan beyin kaynaklı *Cyp19b* ve ovaryum kaynaklı *Cyp19a* genlerini klonlanmak ve üreme bakımından ovaryum gelişimi engellenmiş (RA) ve ovaryum gelişimi normal olan (RN) balıklardan alınan hypothalamus ve ovaryum örneklerinde bu genlerin ekspresyon seviyelerini belirlemektir. *Cyp19b* gen ekspresyonu beyinde, *Cyp19a* gen ekspresyonu ise ovaryumda daha fazlaydı. *Cyp19b* mRNA seviyesi, RA balıkların ovaryum ve hipotalamusunda, RN balıkların ovaryum ve hipotalamusundan belirgin olarak düşüktü ($P<0.05$). *CYP19a* ekspresyon seviyesi, hem RN ve hem de RA balıkların hipotalamusunda fark bulunmazken RA balıkların ovaryumunda, RN balıkların ovaryumundan belirgin olarak düşüktü ($P<0.05$). Bu sonuçlara bize, RA balıkların popülasyonun bir parçası olduğunu ve bu balıkların endokrin bozucu bileşik veya bileşiklere diğer balıklardan daha çok duyarlı olabileceğini düşündürmektedir.

Anahtar kelimeler: P450 aromataz, gen ekspresyonu, *Alburnus tarichi*, Van Gölü

INTRODUCTION

Increasing P450 aromatase is a catalyze enzyme which converts testosterone to estrogens. In most vertebrates, it is encoded on a single *Cyp19* gene, two structurally and functionally different *Cyp19* genes are found in many teleost, (Kishida and Callard, 2001; Chang et al., (2005); Greytak et al., 2005; Barney et al., 2008; Lange et al., 2008). These genes are expressed mainly in the ovary and brain and they encode *Cyp19a/Cyp191a* and *Cyp19b/Cyp191a2*, respectively. The *Cyp19b* gene is expressed earlier than *Cyp19a* during early embryonic development and has an important role in gonadal sex differentiation (Callard et al., 2001; Chiang et al., 2001; Barney et al., 2001). However, in adult fish, brain aromatase activity is high, approximately 100- to 1000-fold greater than that detected in the similar brain regions of mammals (Pasmanik and Callard, 1985).

The roles of *Cyp19a* and *Cyp19b* genes in developmental programming and estrogen regulation are different (Kishida

and Callard, 2001; Tchoudakova et al., 2001). In unfertilized zebrafish eggs, aromatase isoforms are derived maternally but *Cyp19b* expression starts 5hpf much earlier than *Cyp19a* (48 hpf) post-fertilization. In addition, the expression of *Cyp19b* but not *Cyp19a* mRNA is up-regulated by 17 β -estradiol (E_2) (Sawyer et al., 2006). *Cyp1919b* is a potential target of endocrine disrupting chemicals EDCs). In some studies, *Cyp19b* mRNA is strongly up-regulated by E_2 and E_2 mimics EDCs such as nonylphenol(NP) and 17 α -ethinyl estradiol (EE_2) whereas *Cyp19a* was largely unaffected (Kazeto et al., 2003; Fenske and Segner, 2004; Cheshenko et al., 2006). Similarly, the levels *Cyp19a* mRNA in ovary, testis and brain did not change after *in vitro* treatment with E_2 , testosterone and 17,20 β ,21-trihydroxy-4-pregnen-3-one for six hours (Nunez and Applebaum, 2006). The *A. tarichi*, the vitellogenesis starts about in October and continues to March (Unal et al., 1999). The sampling fish from Van Edremit Region (VER) of Lake Van

(Figure 1) have been previously described as reproductively non-arrested (RN) and reproductively arrested (RA) fish (Ünal et al., 2007). In that study, RA fish have the following characteristics assessed at collection and sacrifice: lower gonadosomatic index, lower plasma E₂ levels, and reduced ovaries with oocytes that are developmentally blocked before the vitellogenic stage. We previously indicated di-(2-ethylhexyl) phthalate (DEHP) in the sediment from VER of Lake Van (Unal et al., 2014). At the same study, low estrogen receptor alfa (ER α) and vitellogenin mRNA levels were measured in the liver of RA fish. DEHP is widely used as a plasticizer in flexible vinyl products. Plastics may contain from 1 to 40% DEHP by weight and are used in many consumer products. DEHP is the most common pollutant chemical of our general environment, and it has a potential to accumulate in soil, sediment, underground water and also air because of its low soluble and vaporization abilities (EPA, 2001). Domestic and industrial wastewater treatment plants (Marttinen et al., 2003) are the major source of DEHP contaminant to fresh water such as river and lake. There is also a small factory between university campus and waste treatment plant, in Van (Figure.1).

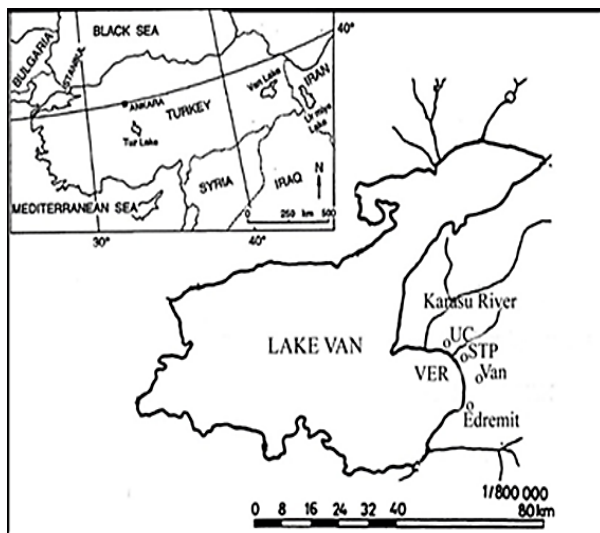


Figure 1. Fish sampling sites at lake Van. Ver, Van Edremit region; stp, sewage treatment plant; uc, university campus

The purpose of this study was to determine the cDNA sequences of P450 aromatase subtypes (*Cyp19b* and *Cyp19a*), and to measure the mRNA expressions in the hypothalamus and ovary of RN (vitellogenic) and RA female *A. tarichi* from VER in Lake Van, a site with known contamination by household waste and potentially contaminated by other sources of pollution. *A. tarichi* is a cyprinid fish endemic to Lake Van basin, in Turkey, and it has been an economical important for this region.

MATERIALS AND METHODS

Fish collection and tissue sampling

RN female *A. tarichi* were caught by netting from VER of Lake Van, Turkey (Figure 1) in April 2010 and 2013. They were transferred to the laboratory in aird water tank and they killed by decapitation. After opened the abdomen of fish, RA and RN fish were separated according to ovaries and testis structure (Ünal et al., 2007). The ovaries, liver and brain were removed after dissection of 4-5 years old fish (about 20-21 cm fork length). For this 10 RN and 10 RA female fish were used. Tissues were treated with RNA-later (Sigma), frozen at -80°C and shipped to Prof.Dr. Ian P. Callard's laboratory on dry ice. They were stored at -80°C until RNA extraction.

RNA extraction, cloning and gene expression analysis

Total RNA was extracted from frozen ovary and hypothalamic tissues using Trizol (Sigma Aldrich St. Louis, MO) following the manufacturer's instructions. The hypothalamus was removed with the brain and trimmed from the sides and the area containing the hypothalamus was used for RNA extraction. RNAs were run on a 1% agarose gel to assess quality, and total RNA quantified using a Nanodrop (Thermo Fisher Scientific). 5 µg of total RNA from each tissue was reverse transcribed using SuperScript II transcriptase and oligo (dT)₂₀ primer according to the manufacturer's instructions (Invitrogen). PCR was performed in a 50 µl final volume using Sigma Readymix (Sigma). PCR conditions and primers used to clone partial cDNAs of CYP19B and CYP19A were taken from Tchoudakova and Callard (1998) and Lange et al. (2008), respectively (Table 1). The amplification products were excised from the gel, and extracted using the MinElute gel extraction kit (Qiagen). The PCR fragment were ligated into pGEM T-easy plasmid (Promega) and transformed into competent *E. coli* cells (Bioline). After amplification, the DNA fragments were extracted using the Wizard Miniprep kit (Invitrogen) and sequenced (MWG/Eurofins Operon, Huntsville, AL, USA).

The real-time quantitative PCR (qPCR) primers were designed using PrimerExpress 2.0 (Applied Biosystems, Foster City, CA, USA) from deduced cDNA sequences (Table 1). An amplification efficiency value was obtained for each primer by using serial dilutions of cDNA of each tissue. The reverse transcribed mRNA was measured by qPCR using target-specific assays. qPCR was performed on an ABI Prism 7900HT sequence detection system (Applied Biosystems) with SYBR green fluorescent label. β -actin, the reference gene, also was cloned from hypothalamus, ovary and liver tissues of RN fish and measured the expression level of its. It was used as an internal control to normalize mRNA expression values.

Table 1. Primers for CYP19B and CYP19A Cloning and Quantitative PCR in *A. tarichi*. Primer direction is noted. F, forward; R, reverse; qPCR, quantitative PCR. β -actin was used to normalize the qPCR data from the *A. tarichi*

| Primer No | Oligo/direction | Sequence (5' to 3') | Position | Reference |
|---------------|-----------------|---------------------------|-----------|--------------------------------|
| CYP19B | | | | |
| 1 | CYP19B-F | AGGTWCCAACCCNGTBTGSGACTTC | 1173-1197 | Tchoudakova and Callard (1998) |
| 2 | CYP19B-R | CACCATNGCDATRWRYTTNCC | 1395-1416 | Tchoudakova and Callard (1998) |
| 3 | CYP19B-F | RGTBTGGATCWVYGGAGARGA | 338-359 | Tchoudakova and Callard (1998) |
| 4 | CYP19B-R | GTAACGACTGGGAACGCTGT | 167-186 | From <i>Alburnus tarichi</i> |
| 5 | qCYP19B-F | GCACAAGCCGAGTTCTTCA | 943-962 | |
| 6 | qCYP19B-R | CCGAACGGCTGGAAGTAA | 1015-1032 | |
| CYP19A | | | | |
| 1 | CYP19A-F | GGNYTNCARTGYATHGGNATG | | Lange et al., (2008) |
| 2 | CYP19A-R | GTRTCNGGNGCNGCDAT | | Lange et al., (2008) |
| 3 | qCYP19A-F | CTGCACAAGAAGCACAAAGAGAGA | 358-378 | |
| 4 | qCYP19A-R | TCGAGTTTTTCTGCATGTGTCA | 458-479 | |

Data analysis

Data deduced by qPCR were first analyzed using the Applied Biosystems Sequence Detection System 2.2.1. Analyses were conducted with qGene to normalize the data obtained (Simon, 2003). Relative quantification was performed by a modified comparative critical threshold method that corrects for different PCR amplification efficiencies among primer pairs (Simon, 2003). Normalized gene expression is given as mean normalized expression (MNE) = $(E_{PP1}^{\text{meanCTPP1}}) / (E_{ER\alpha}^{\text{meanCTER}\alpha})$ where E = PCR efficiency ($E = 10^{-1/(\text{slope})}$) and mean threshold cycle (CT) is the average CT from the three replicates (Pfaffl, 2001). Data were rejected if the %SEM was greater than 20%. The average MNE was determined for each set of replicates obtained from an individual animal, and standard deviation calculated for each SE of MNE. The MNEs were then averaged for each group analyzed. Statistical analyses were performed using the PROC GLM in the SAS 9.3 package. Student's t tests were used to compare expression of *Cyp19b* and *Cyp19a* genes. Significance was set at $P < 0.05$.

RESULTS

We isolated a partial of *Cyp19b* and *Cyp19a* cDNA from vitellogenic *A. tarichi* hypothalamus and ovary, respectively. For the isolation of *Cyp19b* and *Cyp19a* genes, they were amplified by PCR using degenerate and designed primers (Table 1). Isolated sequences of *Cyp19b* (GenBank accession no. JF2975565.1) and *Cyp19a* genes (GenBank Accession no. JF297564.1) were deposited in GenBank. Expression of *Cyp19b* and *Cyp19a* genes was observed in the hypothalamus and ovary of fish (Figure 2). The expression of *Cyp19b* and *Cyp19a* was dominant in the hypothalamus and

ovary, respectively. The level of *Cyp19b* mRNA in the hypothalamus was measured 992.3-fold higher than ovary while *Cyp19a* mRNA in the ovary was 14.3-fold higher than hypothalamus.

The *Cyp19b* and *Cyp19a* expression levels were measured in the hypothalamus and ovary of both RN and RA *A. tarichi*. The levels of *Cyp19b* mRNA were significantly lower in the hypothalamus (Figure 3A) and ovary (Figure 3B) of RA fish ($P < 0.05$). The expression of *Cyp19a* was significantly lower in the ovary of RA fish than RN fish ($P < 0.05$) while no significant difference was apparent in *Cyp19a* expression in the hypothalamus of RN and RA fish ($P > 0.05$; Figure 4).

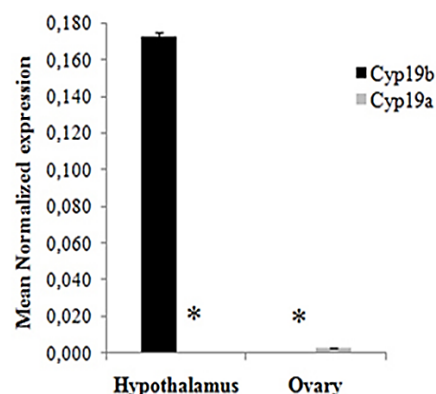


Figure 2. Tissue Distribution of *A. tarichi* Aromatase Isoforms. mRNA levels of *Cyp19b* and *Cyp19a* in the hypothalamus and ovary from vitellogenic fish. Letters indicate significant differences

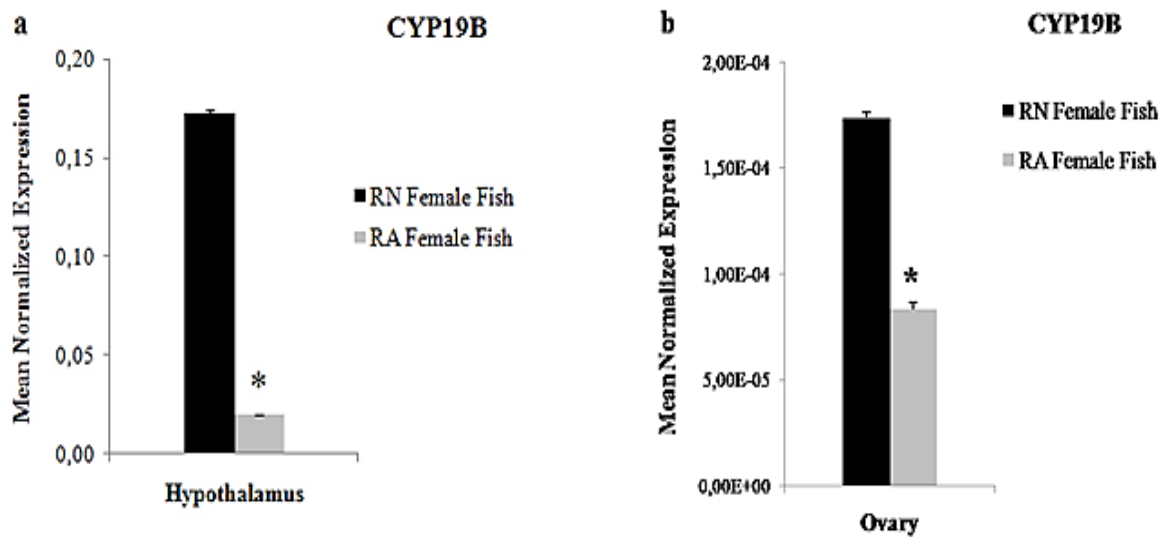


Figure 3. *Cyp19b* mRNA levels in the hypothalamus (a) and ovary (b) of reproductively non-arrested (RN) and reproductively arrested (RA) female *A. tarichi* sampled from Van Edremit Region, Lake Van. Each bar shows mRNA levels normalized with β -actin. Asterisks indicate significant differences ($P<0.05$)

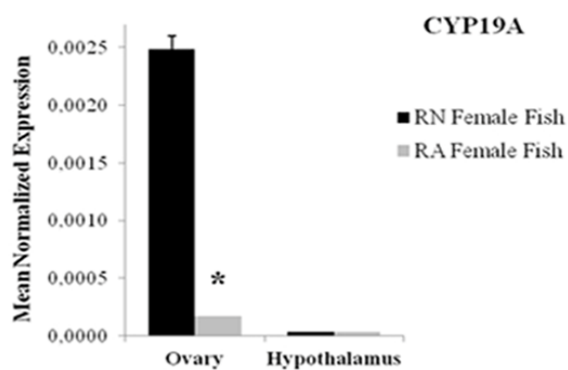


Figure 4. *Cyp19a* mRNA Levels in Ovary and Hypothalamus of Reproductively Non-arrested (RN) and Reproductively Arrested (RA) Female *A. tarichi* Sampled from Van Edremit Region, Lake Van. Each bar shows mRNA levels normalized with β -actin. Asterisks indicate significant differences ($P<0.05$)

DISCUSSION

In this study, we measured the expression levels of *Cyp19b* and *Cyp19a* genes in the hypothalamus and ovary of RN (vitellogenic stage) and RA *A. tarichi* from VER of Lake Van. Previous studies of fish determined that two *Cyp19* loci have been isolated, brain-derived *Cyp19b* and ovary-derived *Cyp19a*, and they have different functional programs (Callard et al., 2001; Cheshenko et al., 2008; Kishida and Callard, 2001; Tchoudakova and Callard, 1998; Tchoudakova et al., 2001). *Cyp19b* and *Cyp19a* mRNA were both detected in the hypothalamus and ovary of RN *A. tarichi*, and *Cyp19b* mRNA abundance was ~993-fold higher in the hypothalamus than in ovary whereas *Cyp19a* mRNA was ~71-fold higher in the ovary

than in the hypothalamus. In teleost fish, it is well known that the brain aromatase activity (10-100-fold) and expression are higher than ovary (Greytak et al., 2005; Pasmanik and Callard, 1985; Villeneuve, 2006).

The level of *Cyp19b* transcript was found to be significantly lower in RA fish tissues than in RN fish. Several studies indicate that P450 aromataseB (not the P450 aromataseA) transcripts are up-regulated by E_2 (Barney et al., 2008; Kishida and Callard, 2001; Kishida et al., 2001; Sawyer et al., 2006; Tchoudakova et al., 2001) due to the fact that the 5'-flanking region of the *Cyp19b* gene includes two estrogen response element (EREs), and an ERE half-site (ERE1/2) (Callard et al., 2001). In accordance with these results, the low *Cyp19b* expression in the hypothalamus and ovary of RA fish correlates with low plasma E_2 level and GSI in RA fish (Ünal et al., 2007).

In fish, it is well known that the physiological functions of brain aromatase are implicated in development of central nervous system, regeneration and sex differentiation (Forlano et al., 2001) while ovarian aromatase is involved in ovarian differentiation (Kwon et al., 2001; Matsuoka et al., 2006) and gametogenesis (Kazeto et al., 2004). In adult fish studied, *Cyp19b* expression varies seasonally, depending on reproductive cycle. For instance, in goldfish (Gelinis et al., 1998) and channel catfish (Kazeto et al., 2003; Kazeto et al., 2005; Rasheeda et al., 2010), it was reported that *Cyp19b* transcript level begins to increase during ovarian recrudescence (from preparatory phase to regressed phase), increases further in the pre-spawning phase, and is followed by a steep decline. In accordance with these reports, the low *Cyp19b* mRNA level which is found in the hypothalamus and ovary of RA *A. tarichi* were anticipated because the ovaries of these fish include only cortical alveoli oocytes during the vitellogenic stage (Ünal et al., 2007). This low *Cyp19b* mRNA

level in the hypothalamus and ovary of RA fish from VER suggest that *A. tarichi* from VER may have been exposed to EDC/s which down-regulates the brain aromatase expression in some fish.

The level of *A. tarichi* *Cyp19a* mRNA was significantly lower in the ovary of RA fish than in RN fish tissue, while no differences were found in the brain of both RA and RN fish. Ovarian aromatase expression begins after brain aromatase expression during early embryonic development and peaks during gonad development (Chiang et al., 2001; Kishida et al., 2001; Matsuoka et al., 2006). These results suggest that the high expression of *Cyp19a* may be necessary in trigger gonadal differentiation. Also in adult fish, high expression of *Cyp19a* is necessary for vitellogenesis. In the adult fathead minnow (*Pimephales promelas*) ovarian aromatase activity and *Cyp19a* transcript were higher in reproductively active fish (vitellogenic oocyte) than non-reproductive (maturation stage) and juvenile fish (Villeneuve et al., 2006). Similarly, in the rainbow trout, *Oncorhynchus mykiss* (Nakamura et al., 2005) and Atlantic croaker, (*Micropogonias undulatus*) (Nunez and Applebaum, 2006), P450aromatase transcript levels were higher in the middle vitellogenic stage than in post vitellogenic and post-ovulated follicles. *In situ* hybridization studies have shown that *Cyp19a* mRNA expression was localized in the

follicle cell layer in the pre-vitellogenic and vitellogenic stages of growth while no signal was seen in the primary growth and maturation stage (Dong and Willett, 2008; Kazeto et al., 2004). According to our results, the low *Cyp19a* mRNA expression in the ovary from RA fish which included cortical alveoli but not pre-vitellogenic and vitellogenic oocytes from RA *A. tarichi* (Ünal et al., 2007) would be expected result. These low *Cyp19a* mRNA levels in the hypothalamus and ovary of RA fish from VER suggest that *A. tarichi* in VER may have been exposed to EDC which is unknown factor, such as down-regulates the ovarian aromatase expression in a subset fish (RA).

In conclusion, we suggest that the RA fish represent a segment of the population which may be more sensitive to EDC exposure. Further studies are required to determine the primary sites and the causes of these reproductive abnormalities in *A. tarichi* in VER of Lake Van.

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